



# TEMPE HIGH SCHOOL

Unwins Bridge Road, TEMPE NSW 2044

Phone: 9558 2023 Fax: 9558 9460

Email: [tempe-h.school@det.nsw.edu.au](mailto:tempe-h.school@det.nsw.edu.au)

Website: [www.tempe-h.schools.nsw.edu.au](http://www.tempe-h.schools.nsw.edu.au)

Office Hours : 8.30am—3.15pm

## Newsletter 7

Term 4 Week 6

October / November  
2015

### From the Principal

As you may already know our Principal, Mr Socrates Dassaklis has taken leave for the remainder of this term. Ms Maggie Fountoulis is Relieving Principal, Ms Julie Evangelinos is Relieving Deputy and Ms Danielle Palmer is Relieving HT CAPA.

Term 4 - There are courses to complete, HSC exams to sit for, study to be done, homework to do, exams to prepare, marking to be done, preparations for the Year 12 Formal, reports to write, HSC pathways to confirm, Presentation Days to organise, trophies to prepare, new parents and students to make welcome to our community, chocolate to make, work experience to attend to, camps to pack for and pancakes to flip.

Our congratulations go to Shelley Gu. Shelley's HSC Major Work in Visual Arts has been pre selected for the prestigious Art Express 2015 collection. Art Express will be on show from January 2016 at the Art Gallery of NSW.



Year 11 students have settled into their HSC course pathway and are progressing steadily towards their first lot of HSC Course assessments. Remember: The HSC course is a long distance event which needs steady and consistent application for the duration of the course. Students and parents are encouraged to use the Online Study Skills Handbook to help with the increasing demands of the HSC course (log on details are on page 12).

Students in years 7 to 10 continue working through their programs until the end of term. They have just completed their yearly exams and their reports are currently being collated. At the end of this year, the majority of students in Year 10 will have achieved the Record of School Achievement (RoSA), marking the successful completion of study from Year 7 to Year 10. Students leaving school who have not met one or more of the requirements for the RoSA will receive a Transcript of Study.

Imagine  
With all  
your mind.  
Believe  
With all  
your heart.  
Achieve  
With all  
your might.

Congratulations go to students who have achieved a Silver Award and are going on the Silver Awards Picnic. All students are advised to start earning and saving their merit certificates for next year. Start now!




















I look forward to reading each and every yearly report and congratulating worthy award recipients at our end of year assemblies and Presentation Day.












### PLEASE NOTE:

We have been advised that a person who attends our school has been diagnosed with Whooping Cough.

Please refer to the attached Fact Sheet on pages 15 and 16 provided by NSW Government Health for further information.

**Ms M Fountoulis—Relieving Principal**

WK	Monday	Tuesday	Wednesday	Thursday	Friday
6	<b>Nov 9</b>  VALID Yr 8 Science test window 	<b>Nov 10</b>  VALID Yr 8 Science test window   P&C meeting 7pm - 8pm	<b>Nov 11</b>  VALID Yr 8 Science test window   Year 10 Elective History - Task 4: Big History Portfolio 	<b>Nov 12</b>  VALID Yr 8 Science test window   9y Wolli Creek water testing period 1 and 2  Y9 Geo Urban Design Workshop- selected students  08:45am - 3:08pm	<b>Nov 13</b>  VALID Yr 8 Science test window   Year 9 Reports to HT  Year 12 2016 Excursion AWAY @PLC Brewer/Kritikos
7	<b>Nov 16</b>  VALID Yr 8 Science test window   Year 10 LOVE BITES 	<b>Nov 17</b>  VALID Yr 8 Science test window   Year 10 LOVE BITES   Year 12 Formal Doltone House Hyde Park	<b>Nov 18</b>  Year 10 LOVE BITES 	<b>Nov 19</b>  Year 10 LOVE BITES   Yr 7 vaccinations. M. Kemp	<b>Nov 20</b>  Year 10 LOVE BITES 
8	<b>Nov 23</b>  Crossroads  Year 9 Reports to DP  year 11 chemistry in class assessment task 	<b>Nov 24</b>  Crossroads  Yr 9.7 FT 'Chocolate Workshop' Incursion 	<b>Nov 25</b>  Crossroads	<b>Nov 26</b>	<b>Nov 27</b>  Forensic science   Yr 12 CAFS IRP DUE   Y10 CBA Foundation Financial literacy - 10P and 10G  11am - 3:08pm

WK	Monday	Tuesday	Wednesday	Thursday	Friday
9	<b>Nov 30</b>  Peer Support Training HT Welfare	<b>Dec 1</b>  Peer Support Training HT Welfare	<b>Dec 2</b>  Extra Awards - Presentation Day 2 	<b>Dec 3</b>  Yr 6-7 2016 Orientation Day  Y10 CBA Foundation Financial literacy - 10Y and 10R  11am - 3:08pm	<b>Dec 4</b>  Extension 1 Excursion to Jewish Museum - to be confirmed Taoube  Y10 CBA Foundation Financial literacy - 10A and 10V  11am - 3:08pm
10	<b>Dec 7</b>  Yr 10 Work Experience this week   PSC Camp   9R wolli creek water testing period 1 and 2  Executive Meeting	<b>Dec 8</b>  Yr 10 Work Experience this week   PSC Camp   Committee Meeting  Silver Award Picnic Bundeena HT Welfare  P&C meeting 7pm - 8pm	<b>Dec 9</b>  Yr 10 Work Experience this week   PSC Camp   Year 7 Reports to Principal	<b>Dec 10</b>  Yr 10 Work Experience this week   Year 12 2016 English Exam - Standard and Advanced	<b>Dec 11</b>  Yr 10 Work Experience this week 
11	<b>Dec 14</b>	<b>Dec 15</b>  Presentation Evening 6:30pm - 8pm	<b>Dec 16</b>  Report Handout Year 7,8,9,10	<b>Dec 17</b>  School Holidays Begin for Students	<b>Dec 18</b>

**Year 11 Academic Awards—2nd Semester**

Quoc Bui  
Sandra Chahine  
Brian Chan  
Jonathan Cheng  
Wendy Cheung  
Bradley Deacon  
Lisa Do Nguyen  
Theophilos Ginis  
Donny Hao  
Sophie Hu  
Elton Huynh  
Daniel Ilievski  
Matthew Kurniawan  
Serina Lam  
Julalak Laokittichai  
Phuong Le  
James Li  
Aziza Malik  
Sam Martin  
Raidyn Murley-Sputore  
Debbie Ngo  
Anthony Ngo  
Lisa Nguyen  
Kevin Pham  
Aisya Rahayu  
Vihan Ramanayake  
Christopher Read  
Deirdre Truong  
Emmanuel Vardakis  
Michael Vavayis  
Quynh Vu  
Ruby Watt  
Donna Win  
Belinda Zhang

**Year 12 Academic Awards—2nd Semester**

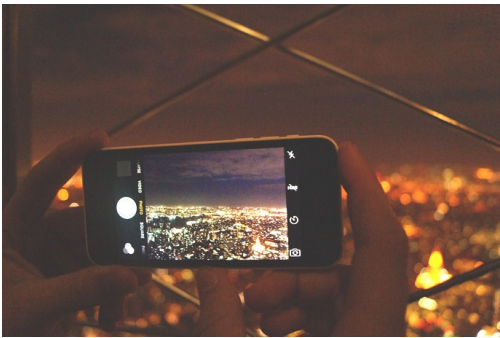
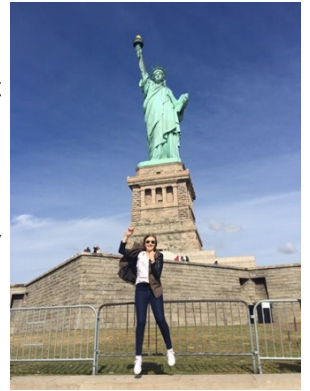
Clare Anderson  
Misha Cajic  
Dominic Causley-Todd  
Nathan Chalak  
Jeanette Darmawan  
Lucy Day-Williams  
Rodica Dolendo  
Ebru Erdogan  
Hal Fowkes  
Elena Garoufalis  
Erin Jeffrey  
Elsiena Jessop-Smith  
Crystal Lai  
Beryl Li  
Shirley Liao  
Corinne Liu  
Teresa Luong  
Julie Luong  
Daniel Mohamad  
Hoang Thien Thi Nguyen  
Thuy Nguyen  
Huy Nguyen  
Jenny Nguyen  
Dominic Palanca  
Caitlin Pham  
Dung Phu  
Samantha Read  
Kimia Rezaeizadeh  
Caitlyn Sinclair  
Chris Song  
Yongzhou Tan  
Stefanus Tanuarta  
Vincent Tran  
Johnny Tran  
Peter Tran  
Joanna Wang  
Nicky Wang  
Brian Widjaja  
Michelle Zhang



### CAPA 2015 New York Trip

Being in New York meant that we were going to visit all the famous and well known landmarks in the city. From the Empire State Building to Time Square, we visited nearly every top tourist destination there was. But for me my two favourites were the Statue of Liberty and the Empire State Building at night.

The State of Liberty was probably the one place where I took the most photos. The view from the boat that took us to Liberty island was breathtaking. We could see the Manhattan City skyline just perfectly. Being on the island it was so much fun, taking photos with my friends and Lady Liberty on a beautiful day, gave me this picture perfect shot.



However, my views favourite by far, has to be from the Empire state at night. Looking down at all of Manhattan, was mind blowing. We could see the entire city in the form of hundreds and thousands of tiny, little coloured lights. Our "Find your teacher" crew just had to take a photo up there.

But apart from all the sight-seeing, we needed to stay on task! So, on 8<sup>th</sup> Avenue we sat through an actor's workshop with a cast member from the musical 'Aladdin' on Broadway. He was a part of the ensemble and shared with us his acting and musical career leading up to where he is now, and his aspirations for the future, which was truly inspiring. Later that night we booked tickets to watch Aladdin on Broadway, and I have to say it was one of the best musicals I have ever seen. It was colourful and the costumes were so detailed and vibrant, which definitely depicted an Arabian Night. The dancing, singing and acting was marvellous, and so we just had to take a group shot. After the performance we then made our way to the stage door to meet and greet the cast. We met most of the cast and received many autographs. But our favourite character for the night was the gene, as you can see we couldn't resist a photo with him.



All our trip to the 'Big Apple' was amazing and we all had lots of fun touring around and exploring, The city that never sleeps.



by Jacinta Talevski, 10Y

### Empire State Building

My absolute favourite thing we did on the New York City trip was when we went up to the 86<sup>th</sup> floor of the Empire State Building. Even though for the last few floors we had to take the stairs...

It was a clear night and we had a beautiful view. It was city as far as you could see.

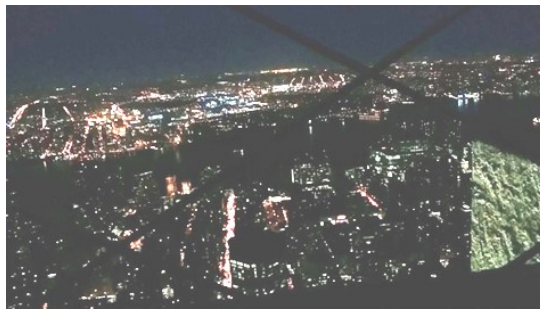
by Brooklyn Pulevaka, 10V



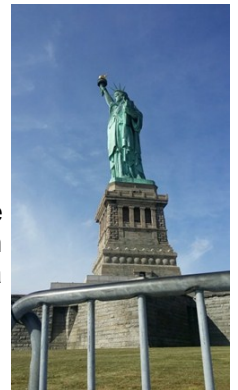
### New York Trip 2015

The New York Trip was very enjoyable and exciting, as we had lots of great fun and enjoyed exciting things. Some places we visited were:

- The Empire State Building - was a big building where you could travel to the top and look at the magical city from above. It provided an amazing breath-taking view of New York, as well as providing many great photos!



- The Statue of Liberty- A beautiful sculpture from France given to America to promote peace and democracy between them. It was a sculpture of a woman holding a torch and a crown on her head. It was on its own little 'island' surrounded by lots of nice clear blue water and a gift shop



- The Shops- We went to many American Shops, like Macys, Forever 21, H&M, Sephora and Century 21 for lots of bargains, some shops even had fast food chains like McDonald's in them!



- Central Park- A big park that was a big highlight of my New York Experience, it had lots of mini food carts scattered among the park, lots of busters and street performers, a big water or lake area that was home to many birds and swans, Lots of green grass perfect for picnics and the scenery was magnificent.



by Chrissa Moysiadis, 10P

### New York Trip People, Hectic & Diversity

In three words that's how I interpret New York City. NYC offers something for everyone, whether it's food, art, culture, museums, history, open spaces, night life, fun, shopping, entertainment and so much more. We as a group visited the must do's of NYC as any tourist would do and as this is my second time to NYC I must mention, that things in this city happen fast and change quickly. This is clearly showcased with the addition of the ONE WORLD TRADE CENTRE to one of the most recognizable skylines in the world. Such a remarkable moment to witness, yet all credit would have to go to Mrs. Evangelinos who literally took me to the top. This highlight of mine was a fresh experience to me which I thoroughly enjoyed.

It all began in that electronic box, the elevator! The history of NYC around Lower Manhattan were displayed through screens expressing an intriguing perspective I hadn't ever imagined. Whilst exiting the lift we witnessed a short clip which spontaneously led to the reveal of a jaw dropping view. The exquisite, irreplaceable scene, glistened through the tinted windows, I thought to myself wow... MAJESTIC. An encounter no country can even try to replicate, no view to even compare, something seen nowhere else in the world. And just when I thought the list of immaculate scenes couldn't get longer, it did, the icing on the cake is seen when we used an iPad which at specific points from the observatory would give you summaries of sights in NYC as you moved the iPad around.

I would firstly like to thank Mrs. Evangelinos for taking me to the observatory and thank Mr. Greene, Mr. Shaw, Dr Pinnington-Wilson and Mr. Pinnington-Wilson for being our chaperones.

If you ever have the chance to visit NYC take it with open arms and you won't regret one second of it!

Noor Ijaz, Year 10



by Noor Ijaz, 10Y

**Cyber - Seniors**

The generation gap has never been wider, but here at Tempe High School, a group of young, intelligent and energetic students are trying to bridge that gap, through the program of Cyber- Seniors. Cyber- Seniors allows our student volunteers—who are determined to educate the community on how to use the internet or any other form of technology - welcome the elderly to a whole new world of information. It gives Tempe High School the opportunity presented to you of-taking the difficulty of learning something new- and making it easier to change your life, because you are never too old to make connections.

Hassan Chehab, Year 11



## DAY WITH MAYOR INVALUABLE FOR SAMANTHA



Local teenager Samantha Read would not be out of place as Mayor of Bankstown if she ever decided on a career in local politics.

The Year 12 student was one of five students who spent the day at Bankstown City Council recently as part of Mayor Linda Downey's Day in the Life program.

The program gives local high school students an opportunity to discover the different career paths offered at Council.

Samantha was joined on the program by her brother Chris, along with Feng Li and Ayman Douar from Condell Park High School and Crystal Ram from East Hills Girls Technology High School.

Samantha, who is interested in a career in Human Resources, was asked to come back and spend the next day with Mayor Downey where she attended a Citizenship Ceremony and later accompanied the Mayor to the August Council Meeting.

"I'm so lucky to have been given the opportunity to participate in this program because I was never fully exposed to Human Resources and their processes until now," said Samantha.

"It was great to spend the day with the Mayor and find out more about what she does. This whole experience has been a real eye-opener and I am more convinced than ever that Human Resources is what I want to do thanks to Council." Mayor Downey said Samantha and the other students deserved to be on the program.

"These students were selected for taking the initiative to find out more about a possible career path they are interested in pursuing, and I'm glad we've been able to help them along the way," said Mayor Downey.

"Council offers a range of programs for young people from a graduate program, traineeships to apprenticeships and work experience, and the Day in the Life program is another initiative to help our young people decide on a career path."

"People would be surprised to find out the different areas you can forge a career in when you work for Council. We have highly qualified engineers, landscape architects, project managers, technicians, and communications practitioners who are well respected in their industry."



**WRITE A BOOK IN A DAY???**

Tempe High School would like to congratulate and thank the students from Years 7-11 who participated in the Write-A-Book-In-A-Day project. These enthusiastic and generous students raised over \$1000 to support children in hospitals across Australia. In ONE day, the different Tempe teams had to compose a book as a team, edit and illustrate before sending it off by 8pm on the same day. It was very inspiring to see how students supported one another, debated the best direction to take, and compromised in a group scenario. Well done!

Ms Taoube, Head Teacher English





# Tempe High School

UNWINS BRIDGE ROAD, TEMPE NSW 2044

ABN 91 202 001 220

Phone: (02) 9558 2023  
(02) 9558 2336

## WELLBEING SURVEY

Dear Parents and Guardians,

At Tempe High School we are committed to creating quality learning opportunities for children and young people. The completion of this survey will contribute to the evaluation of Wellbeing Policy at Tempe High School. The survey will be available to Staff, Students, Guardians and the wider community.

Wellbeing is an element of the School Excellence Framework and is incorporated throughout Tempe High School's School Plan (2015-2017). To commence the evaluation phase it is imperative Tempe High School community completes a self-evaluation of its current wellbeing policy and procedures. The two strategic directions that specifically related to our wellbeing policy are:

**Strategic Direction1:**

To provide a challenging and harmonious learning environment which enables students to achieve their personal best and develop essential competencies required for success both in and beyond school as discerning, creative and active citizens.

**Strategic Direction 3:**

To develop systems and structures that support effective Teaching and Learning through excellent communication, well-being and organisational practices.

The survey is anonymous and should take no longer than 10 minutes to complete. Please enter the web address below into your browser to commence the survey.

<https://www.surveymonkey.com/r/6N5QRC9>

The closing date will be the 24<sup>th</sup> November, 2015.

If you have any concerns please do not hesitate to contact Ms K O'Brien on 9558 2023 Ext 131

Kind Regards

Mrs K O'Brien

Relieving Head Teacher Student Wellbeing

**Top 10 Tips for parents to manage and communicate expectations about schoolwork and results**

Parents often have high expectations of their children in relation to how much homework they will do, and what results they will achieve in their studies. These expectations may result from cultural beliefs, personal experiences, desire for children to have better opportunities than their parents had and the like. Research shows that whilst parental expectations can play a significant part in children achieving high results, they can also contribute to high levels of student stress.

Some things to think about in relation to parental expectations include:

- 1. Understand your own motivations:** Why do you want your child to do get particular marks in their studies? Is it because you have pressure from family/friends/society about what your child will achieve? Do you want them to follow in your career footsteps? Do you want them to have opportunities you never had as a child or young person? Understanding your own motivations will help you find balance in your expectations of your children.
- 2. Help your children to set realistic goals:** Keep talking to your children about what they want to achieve, in individual subjects, at school overall and in other aspects of their life. Their career goals may mean they want to focus intensively on something like art or music, rather than maths or science. Helping them to identify their goals will enable them to determine what subjects they need to focus on and what marks they are likely to need, which means that effort can be concentrated on the areas which will help them to achieve their goals.
- 3. Be involved in your children's learning:** Throughout the term talk to your children about what they are studying. Ask them to show you their bookwork and homework. The more you understand about what they are doing and how they are going along the way, the better you will be able to set and manage your expectations.
- 4. Make sure you really communicate what you expect:** Many students feel like they are not meeting their parents' expectations. Often this is a result of poor communication about expectations by both parties. Reflect on your motivations (see 1 above) and think about how you communicate your expectations to your children. Remember to praise them for the effort they make rather than the results they achieve, this way they are motivated to keep on trying, even when learning is difficult.
- 5. Develop an understanding of the school's assessment and reporting structures:** Assessment and reporting systems change over time and are different in different schools, states and countries. Making sure you really understand what your children's report means may help you to understand what they are actually achieving. Your school can explain these to you if need be. Sometimes students are excelling, but reporting structures don't clearly represent this to parents.
- 6. Remember nobody is perfect:** Even the brightest, most highly motivated child will struggle at times. They may struggle to understand a particular topic or concept, or they may struggle with motivation, particularly for a subject they don't particularly enjoy. Problems with teachers or peers can also contribute. It is unrealistic that anyone can work with 100% effort all the time.
- 7. Provide practical homework and exam support:** Provide practical help them to your children to enable them to access past papers or practise questions and work with them by things like proofreading and reviewing drafts, checking work and listening to speeches. Remember though, it is not your work, so don't make changes, rather make suggestions and provide guidance.
- 8. Spend time together doing something fun:** Make sure your relationship with your child is about more than homework and study. Allocate some time to do fun things together. This is the time in which your child is most likely to open up to you about the things that they are struggling with and you can work out how best to help them. Ideas include going for a walk or run together, registering for a team sport, having a dinner date or going to a gallery or museum.
- 9. Support your child to do their best:** You can do this by providing healthy, nutrient rich food; opportunities for exercise, rest and relaxation and an environment which is supportive of and conducive to study.
- 10. Keep alert for the physical and mental signs of stress:** Familiarise yourself with how your child responds to stress. Do they withdraw? Act out? Work harder or stop working? When you notice that your child is stressed provide them opportunities to discuss what is worrying them and work with them to identify how you can help them. You may wish to involve the school counsellor, a teacher or tutor at this point.

You can learn more about how to support your student's learning at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) by logging in with these details:

Username: tempehs  
Password: 61success



# NSW PREMIER'S SCHOOL SPORT CHALLENGE



## CERTIFICATE OF APPRECIATION

PRESENTED TO

**Jed Hartley**

OF

**Tempe High School**

FOR FACILITATING THE SCHOOL'S PARTICIPATION IN THE  
2015 NSW PREMIER'S SCHOOL SPORT CHALLENGE

*Heuntouli's*

School Principal

*Bill Anderson*

Director, Specialist Programs



Education



Major Sponsor

[freshforkids.com.au](http://freshforkids.com.au)



Major Sponsor

[tmbank.com.au](http://tmbank.com.au)



NSW Premier's Sporting Challenge

[online.det.nsw.edu.au/psc](http://online.det.nsw.edu.au/psc)

The background of the poster is a collage. At the top, the words 'SUMMER READING COMPETITIONS' are written in black capital letters on three overlapping yellow banners. Below the banners, there is a clapperboard on the left and a 'Connect Four' game board on the right. The background also features a blue sky and some green foliage on the right side.

# S U M M E R R E A D I N G C O M P E T I T I O N S

## FOR 12- 18 YEAR OLDS

### **S.U.M.M.E.R R.E.A.D.I.N.G**

Inspired by Connect Four, we have created this competition to get you taking a new direction with your summer reading choices. Tick your way through different categories for your chance to win a \$20 or \$40 book voucher. Reading four categories gets you a line. One entry per person. More details on our Youth page from Tuesday 1 December:

[www.marrickville.nsw.gov.au/library](http://www.marrickville.nsw.gov.au/library)

### **GET LOST IN YOUR OWN WORLD**

Have you ever wanted to escape to another world or time? If so, where would it be and what would it look like? For this competition, create a whole new world in any form – whether it be a film, collage, sculpture, zine or even audio material. The winning entry will be awarded a \$50 book voucher to Glee Books. The competition opens Tuesday 1 December and closes Friday 22 January. More details on our Youth page from Tuesday 1 December: [www.marrickville.nsw.gov.au/library](http://www.marrickville.nsw.gov.au/library)



Health

**Communicable Diseases Factsheet**

*Whooping cough affects people of all ages. It can be especially serious for babies. Vaccination reduces the risk of infection.*

# Whooping Cough (Pertussis)

Last updated: 30 March 2015

## What is whooping cough?

Whooping cough can be a life threatening infection in babies. Whooping cough in babies can lead to apnoea (pauses in normal breathing), pneumonia, feeding problems and weight loss, seizures, brain damage and, in some cases, death. Older children and adults can get whooping cough too and pass it on to babies.

## What are the symptoms?

Whooping cough usually begins like a cold with a blocked or runny nose, tiredness, mild fever and a cough.

- The cough gets worse and severe bouts of uncontrollable coughing can develop. Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night.
- Some newborns may not cough at all but they can stop breathing and turn blue. Some babies have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that lasts for many weeks. They may not have the whoop.

## How is it spread?

- Whooping cough is spread when an infectious person coughs bacteria into the air which can be inhaled by people nearby. If they are not treated early, people with whooping cough are infectious in the first three weeks of their illness.
- Whooping cough spreads easily through families, childcare centres and at school.

## Who is at risk?

- Anyone can get whooping cough. People living in the same household as someone with whooping cough are especially at risk.
- Immunisation reduces the risk of infection but immunity fades over time. You can still get whooping cough even if you've been immunised.

## How is it prevented?

Whooping cough vaccines provide good protection from infection but immunity fades which means that boosters are needed.

## Immunisation for babies

Babies need to be immunised at 2 months, 4 months and 6 months. The first dose can be given as early as 6 weeks of age.

Getting your baby vaccinated on time gives them some protection when they are most at risk of severe illness.

If your baby's vaccines are overdue, see your GP now to catch up.

## Immunisation for older children

- A whooping cough booster is needed at 4 years of age.
- Check if your child has been vaccinated. Look at their Blue Book, speak to your GP or ring the Australian Childhood Immunisation Register on 1800 653 809.
- A second whooping cough booster is given in high school through the NSW School –based Vaccination Program.

## Immunisation for adults

A booster for adults is recommended for:

- Women who are in the third trimester of pregnancy, preferably at 28 weeks. Free vaccine is provided in NSW through Gps and hospital antenatal clinics.
- Other adult household members, grandparents and carers of infants under 12 months of age.
- Adults working with young children, especially health care and child care workers.

## If you are a close contact of someone with whooping cough:

- If you have been exposed to someone with whooping cough early in their illness while they are infectious, watch out for symptoms and see your doctor if you get a new cough.
- Some babies and some pregnant women need antibiotics to prevent whooping cough infection if they have had significant contact with an infectious person.

## How is it diagnosed?

Your doctor may ask about your symptoms and whether there you've had any contact with whooping cough. If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

## How is it treated?

- Some babies may need treatment in hospital or in intensive care.
- Antibiotics are used to treat whooping cough in the early stages and can help prevent spreading whooping cough to others. People who are not treated early with the right antibiotics can spread the infection in the first 3 weeks of their illness. After 5 days of antibiotics, you are normally no longer infectious.
- The cough often continues for many weeks, despite antibiotics.

## What is the public health response?

Doctors and laboratories must confidentially notify cases of pertussis to the local Public Health Unit. Public Health Unit staff can advise on the best way to stop further spread.

Infectious children are restricted from going to pre-school and school. Unimmunised contacts may be excluded from child care unless they take the special antibiotics.

## Identify - Protect – Prevent

NSW Health whooping cough

campaign <http://www.health.nsw.gov.au/PublicHealth/Infectious/whoopingcough/index.asp>

For further information please call your local Public Health Unit on 1300 066 055 or visit the New South Wales Health website [www.health.nsw.gov.au](http://www.health.nsw.gov.au)